The Personal Care Aide course is a 40-hour instructional program approved by Virginia’s Department of Medical Assistance Services (DMAS). Upon completion of this state-approved curriculum you are qualified to provide personal care aide services to Medicaid Waiver recipients/customers, in Virginia.

This course provides you the basic skills needed to provide assistance to the recovering or chronically ill, the elderly, and for relieving care givers from the emotional and physical demands of everyday care giving. Topic areas include common principles of health and disease, communication, safety measures, and rights of clients living either in their homes or in facilities. Students learn about the roles and responsibilities of the personal care aide, the health care team, policies and procedures, infection control, proper nutrition, home management, and the importance of caring for themselves. You will be eligible to seek employment through various home health agencies that provide services to home-bound Medicaid Waiver participants. The course consists of classroom instruction and practical lab skills. Workbook required.

**Application process:** Completion of the Personal Care Aide application packet, which includes medical history, acknowledgement of physical requirements and costs/credentials. You also need two letters of reference and a face-to-face interview with program coordinator prior to acceptance.

*To register, please contact Center for Workforce & Community Education at 540-891-3095
Please visit our website at [www.germanna.edu/workforce](http://www.germanna.edu/workforce) for details.*