

Personality Test

In chapter 10, personality theory and testing is covered. I have always felt that if students were going to study personality testing, that it is valuable for them to have had the experience of taking a personality test. There are many different types of tests available, but I have selected one that is used in many different settings; work, career counseling, marriage counseling and just for general information. The focus of this test is to measure how normal people score on four different scales. Please note that this test is oriented towards measuring and describing normal behavior. It was not designed to measure any abnormal or problem behavior and it doesn't!! Everyone looks normal on this test - even if you aren't.

Your assignment is to go to the site below - take the test - it doesn't take long - Then post your reaction to the experience on the Discussion Board. For those of you who aren't sure what you'd like to do with the rest of your life, it does give some suggestions if you're interested.

Go to

<http://www.humanmetrics.com/cgi-win/JTypes1.htm>